

WAXING & TINTING (continued)

Thong	(up to 15 mins)	£12.00
Au Naturel	(up to 30 mins)	£23.00
Underarms	(up to 10 mins)	£8.00
Forearms	(up to 10 mins)	£10.00
Full arms	(up to 15 mins)	£12.50
Lip or Chin	(up to 10 mins)	£8.00
Eyelash Tint	(20 mins approx)	£13.00
Eyebrow Tint	(5 mins approx)	£8.50
Lashes & Brows	(20 mins approx)	£15.00
Eyebrow Wax		£8.00
My Brow	(1 hour)	£25.00

HANDS AND FEET TREATMENTS

Manicure and OPI polish (30 mins approx)	£18.50
or with OPI GEL polish	£26.00
French Manicure (40 mins approx)	£21.00
Spa Manicure including sugar scrub, vitamin serum, warm paraffin wax & OPI Polish.	£25.00
or with OPI GEL polish	£30.00
File & OPI polish	£11.50
File & OPI GEL polish	£17.00
Soak off	£5.00
File & Soak off	£10.00
Pedicure & OPI polish	£25.50
or with OPI GEL polish	£31.00
Spa Pedicure including sugar scrub, warm paraffin wax or warm nourishing heel treatment with OPI polish.	£30.00
or with OPI GEL polish	£35.00

MALE GROOMING

Back Massage	£22.00
Manicure	£14.00
Pedicure	£21.00
Chest or Back Wax	£16.50
Eyebrow Wax or Shape	£8.00
Eyelash Tint (<i>allergy test required</i>)	£13.00
Dermalogica Cleansing Facial	£38.00

AIRBRUSH TANNING - LDN SKINS TO TAN

Add some colour to your skin for that sun-kissed look.

Full Body	£25.50
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OPENING TIMES

MONDAY	9.30AM - LATE
TUESDAY	9.30AM - 5.30PM
WEDNESDAY	CLOSED
THURSDAY	9.30AM - LATE
FRIDAY	9.30AM - 5.30PM
SATURDAY	8.30AM - 3.00PM
SUNDAY	CLOSED

SALON POLICY

For appointments please call in to the Salon or telephone 01284 732020. If all our therapists are engaged with clients please leave a message and we will call you back as soon as possible.

A 50% deposit is required for certain treatments to be advised at the time of booking.

Please allow 48 hours notice when cancelling or changing appointments. A 50% charge may be applied to appointments cancelled less than 24 hours beforehand.

MOBILE PHONES

We respectfully request that clients do not use mobile phones in the Salon so as not to disturb other clients in treatments.



16 ST JOHNS STREET
BURY ST EDMUNDS
SUFFOLK IP33 1SJ

TEL: 01284 732020

STOCKISTS OF

dermalogica[®]
a skin care system researched and developed by The International Dermal Institute

O·P·I

GIFT VOUCHERS AVAILABLE

MASSAGE

ANTI STRESS THERAPY (30 mins) £22.00

Working from the base of the spine to the top of the head promoting a feeling of general calmness and well being. Excellent for minor back ailments.

SWEDISH FULL BODY (60 mins approx) £35.00

Full body massage to stimulate blood circulation and soothe tense muscles aiding relaxation or pain relief.

AROMATHERAPY (60 mins approx) £40.00

Gentle relaxing massage with essentials oils to penetrate the body and enhance physical and mental well being. *(Not suitable in pregnancy or breast feeding).*

HOT STONES

Deep massage using hot stones with warm oils.

Deeply relaxing and calming.

Full body (60 mins approx) £42.00

Back only (30 mins approx) £28.00

INDIAN HEAD (30 mins approx) £25.00

Recommended to relieve stress, tension, fatigue, insomnia, headaches, migraine and sinusitis. Deeply calming and relaxing leaving your energised and revitalised.

INDONESIAN

Total stress reliever, highly recommended for those who enjoy a firm deep tissue massage. Compression techniques clear energy lines, boosting circulation, balancing the whole body and restoring vitality.

Full body (90 mins) £60.00

Back only (30 mins) £27.00

HOPI EAR CANDLES £20.50

An ancient relaxing therapy to help treatment of sinusitis, rhinitis, earwax, earache, headaches & migraine. *(Not suitable for those with grommets, perforated eardrum or ear infections).*

BODY TREATMENTS

ENZYMATIC SEA MUD BODY DETOXIFIER AND FACIAL (120 mins approx) £73.00

Stimulates circulation aiding the elimination of toxins from the body. Seaweed body wrap containing enzymes from the Papaya & Pineapple exfoliate the skin and the purifying properties of Petri grain & Citronella oils nourish and cleanse the skin.

BODY SCRUB (30 mins approx) £25.50

Nourishing skin renewal treatment with seaweed extract and fruit enzymes, removing dead skin cells and leaving the skin supple and soft.

FACIAL TREATMENTS

Target your most pressing skin concerns and improve the health of your skin with a professional facial. We will create a treatment that is tailor made to meet the needs of your skin and, using Dermalogica professional products, we will deliver healthy skin with a fresh appearance.

EXPRESS FACIAL (30 mins) £25.00

A customised treatment for all skin types. This facial will cleanse, tone, balance & rehydrate your skin.

SIGNATURE FACIAL (60 mins) £38.00

A revitalising treat for your face and neck. Deep cleanse and exfoliation with pressure point massage to relieve tension and stress. Restores health and balance to your skin.

AGE SMART FACIAL (60 mins) £43.00

A power boost to help firm, smooth, nourish and regenerate ageing skin. Exfoliation resurfaces and texturises skin and the masque releases tension in the facial muscles. The ultimate treatment for premature ageing and mature skin.

MULTI VITAMIN FACIAL (60 mins) £38.00

The formulation of pure, concentrated Vitamins A, C and E, help slow down signs of premature ageing while defending against skin ageing environmental assaults.

MEDICATED CLEARING FACIAL (60 mins) £43.00

Powerful treatment to cleanse and help prevent outbreaks of adult acne. Detoxifies the skin while calming irritation and redness.

CLEAN START TEEN FACIAL (30 mins) £25.00

Treatment targets particular issues while cleansing, exfoliating and hydrating.

EYE FIRMING (30 mins approx) £26.50

Intensive treatment helps soothe away fine lines, reducing puffiness and the appearance of dark circles, whilst retexturising, firming and refreshing those vulnerable eye areas.

A LA CARTE 15 MINUTE EXTRAS

Add any of the following to your chosen treatment *(Not available on an individual basis).*

Back Massage £10.50

Foot Massage £8.50

Scalp Massage £8.50

Eye Firming Masque £10.50

Paraffin Wax Hand & Foot Treatment £10.50

MICROZONE TREATMENTS

Zone Specific or condition specific treatments that get fast results to supplement your regular core treatments. Each treatment takes approx 20 minutes.

EYE RESCUE £20.50

To firm and tone the eye area, reduce puffiness and soothe irritated tired eyes.

NECK & CHEST RECOVERY £20.50

For dry sun damaged skin. Rejuvenates ageing skin.

RAPID SPOT CLEARING £20.50

Helps target zone specific outbreaks.

DERMALIFT (Non surgical facelift)

Successfully lifts and tones tired facial muscles, smoothes and reduces fine lines and wrinkles around the eyes, forehead, mouth, cheeks, neck and throat. Improves circulation and assists the anti-ageing process resulting in a much improved appearance. A minimum course of 10 treatments is recommended followed by monthly maintenance.

Course of 10 treatments £400.00

(payable in advance at the first treatment).

Single treatment plus Vitamin C pack for the eyes. £45.00

ELECTROLYSIS

Painless permanent hair removal using sterile disposable needles through which an electric current is passed directly into the hair follicle. All areas can be treated. Initial consultation free of charge.

5 minutes £10.00

10 minutes £13.00

15 minutes £18.00

WAXING & TINTING (an allergy test is required 24 hours prior to tinting)

Removal of unwanted body hair using a gentle warm wax.

Half Leg (up to 20 mins) £13.50

¾ Leg (up to 30 mins) £16.00

Full Leg (up to 35 mins) £18.50

Bikini Line (up to 10 mins) £10.00